



High Lights of the Month

Joffrion and Pinkie's Stories



My introduction to the Chi Machine was totally providential. I was at a convention in Salt Lake City during the summer of 2000. I accidentally bumped into Marlene Grauwels from Wisconsin, chatted briefly and exchanged business cards with her. When I saw "Chi Machine" on her card, I was definitely curious. As a history teacher, I knew "Chi" meant "energy" in Chinese and asked Marlene to tell me more. When I heard it improved circulation, I said, "Order me one."

I have had poor circulation in my lower legs and feet my whole life. It didn't stop me from participation in every activity possible growing up and becoming an avid walker as an adult. But I always had achy legs, cold feet and purplish toes throughout my 24 years of teaching. Looking back, I don't know how I did it! Now because of the Chi Machine, all of that has changed –

and I have pink toes! My energy level and immune system have dramatically improved.

I first got on the Chi Machine for 3 minutes; and when I got up, I said, "Wow!" That's was probably the first time I got an adequate amount of circulation through my lower legs. I immediately called my mother, Pinkie, because I hoped it would help her too. In 1996 she had a brain tumor the size of a baseball removed. While the surgeons were prepping her for surgery, they discovered she had congestive heart failure and atrial fibrillation. She had been misdiagnosed with Alzheimer's and overmedicated.

Mama survived the surgery, but two weeks later blood clots destroyed a whole lung and half of the other. The doctors said it was a miracle she survived and that her brain, heart and lung cells could not rejuvenate. For four long years her personality seemed gone, and her quality of life was greatly diminished. She was also diagnosed with diabetes. She couldn't drive and became dependent on others for just about everything. My sister Chandler became her primary caregiver.

The week after I got my Chi Machine, I brought it to our family vacation at Gulf Shores, Alabama. We put Mama on the Chi Machine for one minute the first day and for a minute and a half the next. The second day she

took a walk down to the beach! It was incredible! A week later she was walking around the grocery store without using the motorized cart!

After eight months of using the Chi Machine, Mama's personality came back, and her health improved dramatically. Mama's neurosurgeon was totally amazed and gave her permission to drive. We never dreamed she would be able to drive again! After using the Chi Machine for a year, her cardiologist told us Mama did not have congestive heart failure anymore - who ever heard of that! Her lungs are now normal, and she does water aerobics for exercise and uses the Chi Machine 12 minutes twice a day. Mama's doctor took her off the diabetes medication because watching her diet and using the Chi Machine daily keep her blood sugar under control. My mother has her life back because of the Chi Machine!

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